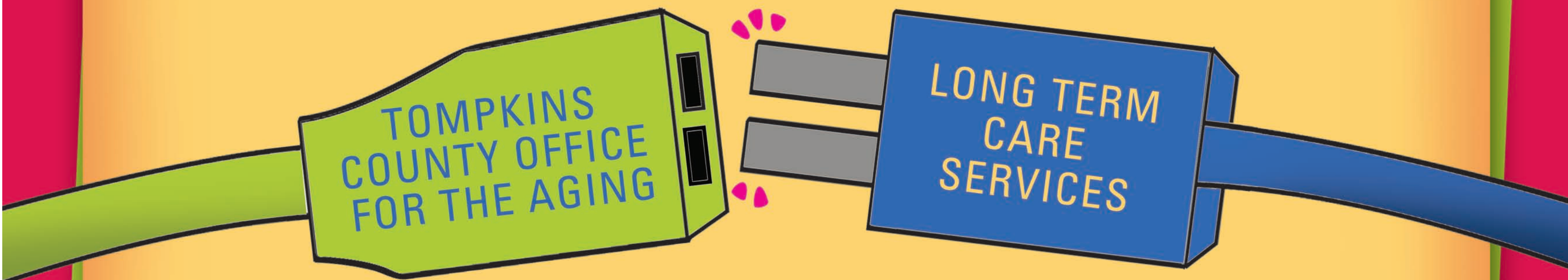




Tompkins care connection

Do You or a Loved One Need Long Term Care Assistance?
We Can Help
607-274-5222



Tompkins Care Connection is the central access point for the consumers of long term care. We help families, regardless of age or income, to navigate their way through the myriad of long term care options available in Tompkins County.

Tompkins Care Connection staff will talk with you over the phone or visit you in your home to assess your long term care needs. Our nursing and case management staff will work with you to develop a plan of care that will maximize your personal resources and coordinate with the community supports you need to live well in your home. Tompkins Care Connection will assist you with information about, and applications for in-home services, as well as senior and disabled housing, assisted living, nursing homes, and other residential facilities.

320 North Tioga Street • Ithaca NY 14850

320 West State Street • Ithaca NY 14850

Housekeeping & residential help



Home care services • Personal emergency response system (PERS) • Adult daycare • Home repair/weatherization

Family caregiver's resources & respite • Medicaid personal care services • Meals, shopping & nutrition



Ombudsman advocacy for nursing home and adult care

Long term care insurance resource center • Consumer directed personal care services • Legal and protective services • Expanded In-Home Services for the Elderly Program

(EISEP) Home Energy Assistance (HEAP) • Free in-home assessment • Health insurance and prescription drug counseling



Project CARE for volunteer

visiting, errands, light housekeeping and yardwork • Information, referrals & counseling



ulysses

ithaca



lansing

dryden

caroline

danby

newfield

groton

enfield